

# Big Thoughts

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# ADHD

- "Everything is a task, nothing is a habit. Even what other people consider small habits."

@amanawinsteadwhite 05/12/2024

# Business Ideas

# On-site Custom Embroidery

- Garments pre-printed with their the business' logos.
- Set up a single head embroidery machine and their customer base chose from already embroidered patches of designs that the company made with us.
- The company chooses X different thread colors they liked that customers could choose from and get names/initials or phrases embellished on the garments.

Each item took less than 5 minutes between setting up the garment, the file for the name/initials, and then heat sealed patches if that's what they wanted. We were set up for about 3 hours at each event.

Profit for the business was about \$3400 per event.

# Siloed Construction Company

Through a handful of other companies, the 2 dudes owned:

- the land to be developed,
- the construction company that would do the work,
- the sand / gravel company that supplies the construction company,
- the trucking company that moves the equipment for the construction company
- the development company that sold the developed land to home builders.

So on each project, it was pretty much the left front pocket paying the right front pocket paying the right back pocket paying the left back pocket, and every move includes anywhere from 20 to 100% profit.

Business Ideas

# Dorm Decor Delivered

Match dorm-specific dimensions with standard kits of dorm decor and similar items. Contract with universities

# Smart Home Installation

# French Fry Stand

I worked concessions at various Midwest fairs as a summer job for about 10 years. The company I worked for had been doing it for 60 years and had about 40 French fry and lemonade stands.

The margins were insane. Pay kids minimum wage all summer. There were multiple times each summer where my entire cash draw was being lifted up with \$20s, \$50s, and \$100s that were kept under the draw.

\$4-\$7 for 50lbs of potatoes that turned in to \$700-\$1200. We would go through 10-30 bags of potatoes per day per stand.

Hardest part about that industry is all the good spots at fairs are taken by the people that have been doing it for decades. Once you have a spot, the fairs let you keep it until you get kicked out for doing something dumb or retire.



# Kitchen Equipment Sales/Re-sales

A friend's parents owned a restaurant equipment supply company. They would sell new stuff to a new restaurant. Restaurant would go bust, they buy it back pennies on the dollar, resell and repeat.

They sold the business maybe 5 years ago, the guy ran it almost in the ground. They bought it back pennies on the dollar. Just sold it again last year. They have more money than they know what to do with.

Business Ideas

# Porta Potty Rentals

Choteau 4th of July: 2 standard, 1 ADA